Job Description

NIHR Academic Clinical Fellow in Mental Health: Old Age Psychiatry, Child and Adolescent Psychiatry and Neurology University of Exeter Medical School

1. Job title & entry level(s):

Academic Clinical Fellow

Child and Adolescent Psychiatry: CT1, CT2, CT3, ST4
Old Age Psychiatry: CT1, CT2, CT3, ST4
Neurology: IMT1, IMT2, IMT3, ST4

2. Duration of post:

3 years (FTE)
Candidates working Less Than Full Time (LTFT) or would like should notify the relevant Local Office/Deanery at point of offer of your intention to work LTFT and this will be considered against the national eligibility criteria.

3. Hospitals in which training will take place:

[TRAINING PROGRAMME TO PROVIDE ROTATIONS]
This training post is based in the Peninsula Deanery. Rotations have not been confirmed unless stated below. Should you wish to explore this in more detail, please get in touch with the Training Programme Director.

Clinical academic training is usually co-located and so we would expect the majority of rotations to be based in Exeter. However, this is subject to confirmation from the Training Programme Director and may vary depending on specialty and supervisor location.

4. Research institutions in which training will take place:

University of Exeter -
https://www.exeter.ac.uk/faculties/hls/studying/catp/doctors/academicclinicalfellow/

5. Timetabling of clinical and research time:

75% clinical 25% research in a flexible way during the working week or months in accordance with pre-agreed arrangements between the clinical and academic supervisors.

6. Description of research component of programme

The focus of our mental health research for ACFs under this theme will be on children and young people's mental health (for child and adolescent psychiatry ACFs) or older people's mental health and/or neurodegeneration (for old age psychiatry and neurology ACFs).

Children and young people's mental health
ACFs will work with Exeter's internationally leading Children and Young People's Mental Health (ChYMe: https://medicine.exeter.ac.uk/phss/research/chyme/) research collaboration, and link with the Child Health and Mental Health themes of the NIHR Applied Research Collaboration South West (ARC South West: https://arc-sw.nihr.ac.uk/), which spans the Universities of Exeter, Plymouth and Bristol. Examples of research areas where ACFs may undertake a project include 1) genetic/social/causal child mental health epidemiology 2) co-development and evaluation of school, community and digital MH interventions for children with mental health and neurodevelopmental conditions. Please contact A/Prof Tamsin Newlove-Delgado for details: t.newlove-delgado@exeter.ac.uk

Older people's mental health and neurodegeneration
Exeter's NIHR Biomedical Research Centre offers opportunities for research in our Neurodegeneration theme, as well as research with the RDUH's Clinical Academic Department of Ageing and Brain Health.
ACFs may also work with our NIHR ARC South West theme of Dementia and Neurological conditions: https://arc-sw.nihr.ac.uk/research-theme/dementia/ . Project areas and potential supervisors include:

1) Projects linked with the PROTECT data platform on brain health and dementia prevention; or linked with wearables and health technologies in dementia care and neurorehabilitation (Prof Jon Huntley)
2) Projects using AI and risk modelling, clinical trials and sleep (Prof Chris Fox)
3) Projects on dementia and delirium (Professor Louise Allen)
4) Projects with the Clinical Academic Department of Ageing and Brain Health (led by Prof Jane Masoli). Specific strengths in health data science (AGE Group), Multiple long-term conditions, Dementia/Delirium (including links with PROTECT), and Cardiovascular/cerebrovascular (AGE Group/stroke).

ACFs will have the opportunity to develop their own research ideas that align with local research expertise, and which is relevant to their clinical specialty.

Applicants are welcome to identify potential supervisors from senior Medical School academic staff and are also encouraged to contact the Exeter IAT Lead (see below) for further advice.

7. Description of clinical training component of programme

For details regarding the clinical training programme, please visit the Peninsula Deanery School webpage. Contact details are available for each of the schools. If you would like information, please do not hesitate to contact the team.

8. Academic Supervisor / Academic Programme Director:

All trainees will have access to expert academic supervision. Trainees are welcome to identify supervisors from amongst senior academic staff in our medical school. Integrated academic programme leads are more than happy to provide support and advice on this issue

Integrated Academic Training Lead(s):

- Professor Tamsin Newlove-Delgado (t.newlove-delgado@exeter.ac.uk)

9. Clinical Training Programme Director:

- Child and Adolescent Psychiatry:
  - Core: Dr Subhas Gupta (subhash.gupta@nhs.net)
  - Higher: Professor Ben Parker (b.parker5@nhs.net)

- Old Age Psychiatry:
  - Core: Dr Subhas Gupta (subhash.gupta@nhs.net)
  - Higher: Dr Daniel Pooley (dpooley@nhs.net)

- Neurology:
  - Core (IMT): Dr Julia Bell and Dr John Corcoran (julia.bell1@nhs.net & john.corcoran1@nhs.net)
  - Higher: Dr Sonali Dharia (sonali.dharia@nhs.net)

10. Deanery contact for further information:

Recruitment Hotline: 01454 252 610
Recruitment Inbox: England.ACFRecruitment.sw@nhs.net

11. Useful websites for further information:

NIHR Integrated Academic Training Website: http://www.nihr.ac.uk/IAT

Resident Doctor Pay Scales (link to latest pay Circular): https://www.bma.org.uk/pay-and-contracts/pay/junior-doctors-pay-scales/pay-scales-for-junior-doctors-in-england

University Clinical Academic Training website:
https://www.exeter.ac.uk/faculties/hls/studying/catp/doctors/academicclinicalfellow/
https://www.exeter.ac.uk/faculties/hls/studying/catp/

This job description was prepared July 2026