



Cambridge
University Hospitals
NHS Foundation Trust



**UNIVERSITY OF
CAMBRIDGE**

Academic Clinical Fellowship

In

Geriatric Medicine

(ST4)

One post

Entry: August 2027

Job title	Academic Clinical Fellow in Geriatric Medicine
Post(s)	ACF-2027-14-011 – Multiple Long Term Conditions Post 1 – Clinical Oncology OR Cardiology OR Geriatric Medicine Three NIHR-funded posts
NIHR Priority Research Theme	Post ACF-2027-14-011 has been awarded under the research theme Multiple Long Term Conditions . The appointee will be expected to develop a research programme in that theme area.

These posts will attract an Academic National Training Number – NTN(a)

Duration and Outcome

This post will be appointed at ST4 level and is funded for three years. The principal aim of the ACF scheme is to allow academically gifted clinical trainees the opportunity for 25% protected research training and during that time to formulate and submit an application for an externally funded Research Training Fellowship (RTF) (e.g. Medical Research Council, Wellcome Trust, British Heart Foundation). If candidates are unsuccessful in obtaining funding for an RTF/PhD, they can transfer into non-ACF ST3+ posts and pursue full-time clinical sub-specialty training. It is anticipated that all successful ACFs completing RTFs would be in a strong position to compete for Clinical Lecturer posts following award of their higher research degree, as per the Integrated Academic Training programme.

NHS Organisation(s) in which training will take place

Addenbrooke's Hospital, Cambridge University Hospital NHS Foundation Trust. Rotation to other hospitals in the region will be undertaken as required to fulfil training needs.

Research Institution(s) in which training will take place

University of Cambridge and Cambridge University Hospital NHS Foundation Trust.

Day release or block release for protected research time?

It is anticipated that the successful applicant will be available for research on a block basis (e.g. 3-9 months durations) comprising 25% WTE over three years. This will be subject to negotiation.

Description of the Research Component

Prior to starting the fellowship, the successful candidate should discuss and agree their specific area of research, in an area of Geriatric Medicine. During the course of the fellowship, the fellow

will be expected to design, undertake and complete a discrete clinical study under supervision. The ultimate aim of the fellowship is to provide training and experience in clinical research methodology to equip the fellow with the necessary skills to pursue a career in Academic Geriatric Medicine. Therefore, whichever specific research topic is chosen, supervision will be provided by a representative of the University Department of Geriatric Medicine with regard to research methods training and academic career pathways. The Fellow will undergo basic training within the University, including courses on medical statistics, including use of common data analysis software, paper writing, grant applications, literature searches etc.

Description of the Clinical Training Component

This post will be integrated into the comprehensive training programme in General (Internal) Medicine [(G (I) M)] and Geriatric Medicine based in the Eastern region with full LETB approval.

The objective of the clinical training is to help the post holder gain the specific competencies laid out in the new curriculum towards acquisition of Dual CCT in G (I) M and Geriatric Medicine but will be tailored to gain relevant experience. The post holder will receive 9 months clinical training per year, counting as 12 months towards their CCT.

To achieve these aims it is planned that within the 3 year period the post-holder will undertake 3 years in G (I) M and Geriatrics. The clinical component during this time will be identical to that undertaken by the other specialty trainees, including normal pro-rata on call commitments and night cover duties.

Educational supervision for the clinical component will be provided by a consultant geriatrician working at the trust.

Geriatric training at CUH is top rated within HEEoE on the GMC trainee's surveys. Experience is available in sub-specialist areas of geriatrics including orthogeriatrics, delirium and falls, rapid GP access assessment clinics (RADAR), Parkinson's, syncope, and pre-surgical (PRIME) clinics. The department runs regular post-graduate teaching sessions.

The Trainees clinical duties will be supported by CMT1-2 level and FY1-FY2 level junior colleagues attached to their respective firms. The trainees will have opportunity to provide clinical supervision to junior colleagues

Description of the Clinical Departments

The ACF will be based in Health Education England East of England. Clinical training will be based at Addenbrooke's Hospital, Cambridge. Rotation to other hospitals in the region will be undertaken as required to fulfil training needs.

The Department of Medicine for the Elderly at CUH is expanding its academic profile. Work evaluating frailty and the implementation of frailty assessment in clinical practice has contributed

to national policy and practice (Romero-Ortuno et al., doi: 10.1016/j.ejim.2016.08.033. PMID: 27596721.). Evaluation of the issues associated with DNACPRs and the development and evaluation of ReSPECT started at and continues to be supported by Dr Fritz at CUH (bmj.com/content/356/bmj.j813).

The department has recently evaluated the impact of geriatricians in care homes (the EnRICH study) <https://academic.oup.com/ageing/article-abstract/55/7/afag195/8747556> and is currently applying for further funding to understand these impacts (and how to scale them), as well as funding to empower older patients to express what is most important to them on admission to hospital. Work on evaluating a digital health tool for Parkinson's management is ongoing, with further work planned to look at how the EnRICH approach might be tailored to Parkinson's patients. Opportunities are available to undertake research on screening, early detection and risk stratification in older people, including how frailty, multimorbidity and competing risks can inform personalised screening decision.

The department is supported by the East of England Applied Research Collaboration and the NIHR Cambridge Biomedical Research Centre (<https://cambridgebrc.nihr.ac.uk>), which provides infrastructure and practical support for the translational research undertaken across the campus and wider region.

Candidates who are interested in person-centred care, community geriatrics, mixed methods research, advance care planning, ethics in ageing and care of older people, Parkinson's disease, and health services research are particularly encouraged to apply.

Further Information and Contacts

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NIHR

<http://www.nihr.ac.uk/IAT>